

ISE Valley News

Kettering, Northants



Registered Charity Number 1179738

September 2019

Chair's Chatter

Thank you to all those who turned out at August's meeting. It was a horrible day, very wet, and it was great to see you all.

I have had a few people mention that they couldn't hear the Speaker. In order to keep her persona as a Tudor Housewife, Elizabeth would have looked very strange wearing a headset or holding a microphone! However, I did ask you to move nearer the front so that you could hear her and where there were plenty of empty seats, but most of you stayed put! It was an interesting talk and she stayed in character the whole time.

Kate has asked me to remind you all that the only second-hand books that are sold are paperbacks for adults. In other words, please don't bring in teenage fiction or hardbacks. She has to take them to the charity shops to get rid of them! Thank you to all those who bring in their books each month and take more home.

I am again asking for someone to take over the Newsletter. If it helps, we can provide a laptop with the programmes needed on it and also show you what to do. We really need someone who is computer literate and is used to using Word. It isn't a difficult job and why not use your skills in this way?

I know it seems months away, but we are already thinking about the Christmas Party. We have been offered home-made quiches for it – they were delicious last year – and we wondered if anyone else has a speciality that they would like to donate. If so, please let me know.

There are quite a few groups that have vacancies. Why not have a look at the Groups table and see if there is anything that you fancy trying. We are also looking for new groups to start so if you have an idea – please share it with one of the Committee. Painting for pleasure needs some more members if they are to continue in a hall and with a tutor at a reasonable price. The alternative is meeting in someone's house and no tutor - which would be a shame.

Sylvia

Knit and Natter

Over the last couple of years Knit and Natter have donated a large number of blankets, wrist warmers, scarves and hats to Age UK. They have been gratefully received and have started passing them on to the Northampton branch. Now we like to keep things local, so I have contacted a number of local charities to offer our products. I have had an outright 'No thank you' to no response at all, and one asking us to make large blankets for them and when they were done to let them know!

Wanting a bit more space in my house, I decided to offer them to a local dog rehoming centre. They said 'yes please', so I drove over there. 'Just dump them over there' I was told. No questions about who they were from, no one looked to see what they were like and apart from a rather short – thanks – I was not invited to have a look around or show an interest in their work. I was rather cross and disappointed in this attitude and I have told them so! Their reply did not encourage me to donate any more.

Now, my question to you all is 'Do any of you know who would be willing to take our products (when we have some more) and enjoy it' as I certainly will not be willing to donate to any more re-homing centres!

Sylvia

Book Club

We all enjoyed this month's book choice. The Chilbury Ladies Choir, by Jenifer Ryan. The book introduced us to a village in Kent in 1940, the local vicar in his wisdom has decided to cancel the choir as all the men had gone to war.

Obviously this did not sit comfortably with the ladies who decided to start their own and of course made a great success. Jennifer Ryan told the stories through the ladies journals which gave a wonderful insight to their lives during this bleak time in the 40s. The characters became alive. Margaret Tilling a widow with her son serving

in the war, a timid woman who become strong and seemed to know just where help was needed

Kitty, a teenager along with Sylvie, a Jewish refugee, and not forgetting Kitty's sister Venetia, a glamorous older sister. We hope that there will be a sequel as we want to know more of the wonderful characters that she created in this book

Margaret Turnbull.

Beginners Camera Group

At the June meeting the subject was portrait photography and we experimented by taking photos of each other. We didn't have a July meeting because of holidays etc, so it was arranged that we would go to Lyveden New Bield on our own and take photographs for the next meeting.

The August meeting was an outside project. We arranged to meet at the West Glebe Rural Centre on the 13th August at 2pm to take photographs of the animals for the next meeting. It was arranged for the September meeting to go to Stamford on the 6th September to take photographs of the old buildings, churches etc.

The October meeting will be at the usual venue on Tuesday 8th October 2019.

Julie Bates

Spanish

We had two good sessions this month. We welcomed another possible group member as we start our year. Our monthly contributions will still be £4 which should pay the rent for our room at Hertford Rd. There will only be one session in September due to holiday commitments. The next session will be 19th September.

Geraldine

Theatre Trip

9-5, Savoy Theatre, London 6th November
2019

We will be collecting the coach fare for this trip £14 each, at the September meeting. We have receipts to be collected with pick-up times etc.

Julie Bates

Travel Group

Another enthusiastic session. We had looked at photos of Lincoln and Peterborough followed by a film about Guernsey. Lincoln and Peterborough both possess a beautiful cathedral and precincts. Their history is remarkable. The latter celebrating 900 years in 2018. Our next session will be on Tuesday 17th September.

Geraldine

Ten Pin Bowling

We had short numbers due to holidays and injury recovery programmes, but we still managed to enjoy ourselves. Isabel was our leader this week with a massive PB. Well done! Everyone supports each other's success, so we all enjoy ourselves. Newcomers are most welcome to join our happy, supportive band.

Dai Johnson



News from the Groups.

Several groups had no meeting during the school holidays, so we hope they all enjoy getting together again in September. Tony Reed has agreed to be the co-ordinator for the Cinema Group. If you are interested in being part of this group please ring Tony, he is one of our Committee members and his phone number is in the Newsletter.

The possible new sketching group only had one interested member. If you would like to join this group please let us know.

Please support the Garden Group at the September meeting. They will have a produce stall with proceeds going to the Food Bank. If you have any spare produce please donate it. We are always interested to hear from our members about new ideas for groups. If you have a hobby you could share with others please let us know.

Pat Johnson and Rosalind Bridges.

Painting for Pleasure

On the 2nd September we started our new term with our monthly tutorial with Catherine.

We are greatly in need of new members as we really need at least 2/3 more people to make it affordable. We are a friendly group who rent the use of a great craft room in the Mind offices in Russell Street. We have the expertise of Catherine monthly and in between we practice whatever technique we were shown or get on with our own projects.

If anyone wants to have a go please email me with your name and phone number to

["tessabellamy@gmail.com"](mailto:tessabellamy@gmail.com)

Short Walks

Another lovely day after a period of heavy showers. Nine of us, plus Teddy. He loves the people on the walk, he was a bit noisy to start with but once we started, he was fine. We met at the Tea Room in Ringstead for this month's short walk. Mike Colman headed the walk showing us a new route. Bob and I are learning such a lot about Northamptonshire. So many hidden places and so much to talk about as we go around. To top it all off, we had refreshments at the Tea Room garden eating large slices of cake. What more could we ask for? Thanks to everyone.

Wanda and Bob

Music Appreciation

We met on Thursday 22nd August to share music associated with "Weather". Titles included "You are my Sunshine", "Gonna Rain Today", "June is Busting..", "Mountain and Flood" etc. plus lots more sunshine, rain, fog and clouds. Performers/Composers included Moira de la Torre, Nina Simone, Mendelsohn, Eva Cassidy, Errol Garner and lots of other Classical, Jazz, Pop etc. artists.

Our next meeting will be on Thursday 10th October (2:00 pm start), to share our favourite pieces of music (I.e. no specified theme).

Ken & Rosalind Bridges

Coffee Morning

We meet at the Cransley Hospice Coffee Shop in Kettering at 10.30am. Sept 12th and 26th. All are welcome.

Sylvia

Trips

Coach trip to Oxford on 3rd October. Spend a pleasant day doing your own thing. Lots of attractions in Oxford. Doreen has details on the Trip Desk. The cost is £12 per person.

Christmas Crackers

Jill Dee is offering to show you how to make your own crackers. She also has a lot of the components that she would like to find a new home for. A donation to Cancer Research would be very acceptable if you would like to have a go and give her more room in her home by taking these off her hands. What a great way to start a new craft!

She is not able to do this until October, so please put your name on the list on the committee desk.

Group Leaders

Please make sure that you have up-to-date records of your members. We changed numbers this year so you need to check.

We are very short of news this month due to holidays etc. Hence a smaller newsletter than normal.

Can I remind everyone that uses a hearing aid that if you sit on the left-hand side of the hall (facing the stage) then there is a hearing loop which will help.

Disabled access is at the rear. There is a bell to ring, and if anyone hears it before the committee, please go and answer the door for them. If we are busy, we don't always hear it.

Activity Groups and Leaders

Day/Group	Leader	Telephone	Venue	Frequency	Time
Monday					
Painting for Pleasure	Tessa Bellamy	07854 864632	Mind Centre	Weekly	10-12
Book Club	Margaret Turnbull	01536 511139	Varies	3 rd Monday	2pm
Camera Club (advanced)	Jenny Goddard Pat Johnson	01536 482972 01536 483398	Home	Monday after main meeting	2-4pm
Canasta	Margaret Hall	01536 512215	Kettering Bridge Club	Weekly	2-4pm
Knit and Natter	Sylvia Dale	01536 411865	Members home	fortnightly	2-4pm
Mahjong/Scrabble	Linda Law	01536 659091	B.S Village Hall	2 & 4 th	2-4pm
Play Reading	Rosalind Bridges	01536 741466	Varies	1 st Monday	2-4pm
Swimming	Isabel Collins	01536 520971	K. Swimming Pool	Weekly termtime	9-9.45
Maths for Fun	Chris Crick	07490 591224	Home	2 & 4 th	10-12
Recorder Group	Mary Cooper Sue Hartley	01536 420336 01536 357676	Central Methodist Church School Lane, Kettering	2 nd & 4 th	2.30-3.30
Yoga Group	Annette	01536 513234	St Andrews Church Rooms	Weekly termtime	11.15-12.45
Tuesday					
Walking (medium)	John Sumpter	01536 722198	Varies	Last Tuesday	10am
Ukelele group	Alan Bailey	01933 350147	Home	Fortnightly	10am
Travel	G. Hardwick	01536 481203	Member's home	3 rd	2pm
Camera Club beginners	Julie Bates	01536 745538	Home	2 nd	2pm
Computer Club	Alan Bailey	01933 350147	Members home	Fortnightly	10-12
Wednesday					
Keep Fit	Katie Reynolds		BL Civic Centre	Weekly	9.45-10.30
Country Dancing	Janice Angles	07768 169490	St Andrews Hall	2 nd & 4 th	10.45
Discussion Group	Linda Miller	01536 483773	Home	1 st	2pm
Gardening Club	Chris Ditre S Tecklenberg	01536 723145 01832 733419	Varies	1 st	10am
Thursday					
Short Walks	Wanda Moffatt	01536 659236	Varies	3 rd	10 am
Music Appreciation	Ken Bridges	01536 741455	Home	Varies	2-4pm
Spanish	G Hardwick	01536 481203	Hertford C Centre	1 st & 3 rd	2-4pm
Friday					
Making Music	Alan Bailey	01933 350147	Home	Weekly	2-4pm
Singing for Pleasure	Jill Dee	01536 514054	Fuller Church	Fortnightly	10am
Ballroom Dancing	Pat Johnson	01536 483398	St Edwards Church	Weekly	11.45
Ten Pin Bowling	Dai Johnson	01536 483398	Thunder Bowl	Friday after meeting	10 am

Speakers

The Speaker for September is Chris Parker who is a singer and is local. October's talk will be about Horrible History of Halloween!

Trips

Day trips June Mason 01536 726654

Timings at the Eden Centre

Main meeting – 2nd Wednesday of the month at the Eden Centre

Doors open – 1.15

Chair's Chatter – 1.55

Speaker – 2.05

Raffle – 3pm

Finish – 3.15

To all members

If you are aware of anything affecting one of our members such as an important birthday, anniversary or illness and feel that a card from the U3A would be appropriate please contact Lynne on 01536 618001



Newsletter Editor:

Please send contributions by 5pm, 30th of the month to sylviadale@live.co.uk If you can get them to us earlier that would be appreciated as the newsletter fills up and it is often a job to get the last contributions in.



Webmaster	Alan Bailey	01933 350147
Safeguarding Officer	Bob Moffatt	01536 659236



Committee – 2018-2019

Chairperson	Sylvia Dale	01536 411865
Vice Chair & Assistant Group		
Co-ordinator	Rosalind Bridges	01536 741455
Treasurer	John Cousens	01933 664602
Secretary	Lynne Franklin	01536 618001
Membership Secretary	Pauline Bailey	01933 350147
Group Co-ordinator	Pat Johnson	01536 483398
General Duties & committee desk	Tony Reed	01536 481733
Speaker Secretary	Julie Bates	01536 725538
General Duties & raffle	Linda Miller	01536 483773
General Duties & New Members	Jill Burgess	01536 515045
General Duties & Assist Speaker		
Secretary	Helen Hicks	01536 483109
General Duties	Gill Green	01536 513519
General Duties	Helen Checkley	01536 418618
General Duties	Lindsey Cole	01536 515689

